

8. GYMNASTICS – GIRLS

A. GENERAL REGULATIONS

1) Individual Non-Interscholastic Competition Dates:

A gymnastics athlete who has not participated for the school in gymnastics that season must cease non-interscholastic gymnastics competition six weeks (42 days) prior to the Monday of the week of the state tournament in gymnastics in order to be eligible for OHSAA tournament competition.

In addition, an athlete who has participated for the school in gymnastics who violates this non-interscholastic competition date by participating in a non-interscholastic contest in gymnastics shall be ineligible for OHSAA tournament competition in gymnastics in addition to any other penalties that may be prescribed.

Date: January 18, 2010.

2) Interscholastic Participation

To be eligible for the team event competition in the OHSAA tournament in girls gymnastics, a school shall compete in a minimum of two interscholastic contests as a team (3 or more athletes in each of the four events) prior to the OHSAA Tournament.

3) Ejection for Unsporting Conduct

See *Ejection Policies for Players and Coaches* under Section 11 of the General Sports Regulations.

4) Out-of-State Travel

A gymnastics team may travel out of state to compete in contests (as there are no scrimmages or previews permitted, this means any regular season competition) in states or provinces in Canada that are contiguous to Ohio regardless of distance to travel. The states include Indiana, Kentucky, Michigan, Pennsylvania and West Virginia. The province includes Ontario. Additionally, a gymnastics team may travel out of state one time per sport per interscholastic season to compete in contests in states or provinces in Canada that are not contiguous to Ohio provided there is no loss of school time.

“School time” is defined as any time during any day during which the school is in session as stipulated in its Board-adopted school calendar exclusive of contingency days. Penalty for violation: The school shall be ineligible for the OHSAA postseason tournament in the sport in which the out-of-state travel was involved and could be subject to additional penalties as referenced in Bylaw 11.

EXCEPTION: If, because of missed school days due to calamity situations, an otherwise non-school day(s) becomes a school day(s) in order to make-up for the missed school day, the school may compete in a contest(s) outside the state of Ohio provided:

- 1) The school had contracted for/committed to said trip/contest(s) at least three months prior to the contest(s) in question and;
- 2) The school receives written permission from the Commissioner’s office at least one week in advance of the scheduled event.

A gymnastics team may not travel out of state only to practice.

5) Non-Interscholastic Participation

5.1) A member of an interscholastic gymnastics squad (any student who has participated in a regular season/tournament contest sponsored by the Board of Education) shall not participate in a non-interscholastic contest as an individual or a member of team in the sport of gymnastics during the school’s season (Sports Regulation 4.4).

5.2) Interscholastic gymnastics coaches may coach athletes from the school where employed outside the interscholastic season of the sport. No coach may require participation until the official start of the interscholastic season.

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6) Penalties

The maximum penalty for violation of Sports Regulation 4.4 (participation with a non-interscholastic gymnastics squad while a member of the school's interscholastic gymnastics squad) or any OHSAA regulations for any member of the school squad EXCEPT a senior is ineligibility for the remainder of the interscholastic gymnastics season or the ensuing gymnastics season. For a senior, the maximum penalty shall be ineligibility for the remainder of the school year.

B. SPECIFIC REGULATIONS — Grades 9-12

- 1) Coaching and instruction may begin — November 6, 2009.
- 2) First contest — December 7, 2009.
- 3) Deadline date for OHSAA tournament — January 25, 2010.
- 4) Tournament draw/seeding meeting — January 31, 2010.
- 5) Coaching and Season end with the State Tournament — March 6, 2010.
- 6) Scrimmages — None permitted.
- 7) Regular season contests — 14 for team and individuals; no limit on number of opponents.
- 8) Rules — U.S.A. Gymnastics.
- 9) Officials
 - 9.1) Varsity — Minimum of one OHSAA Class 1 judge required. It is strongly recommended that two Class 1 judges officiate each meet.
 - 9.2) Reserve/Junior Varsity — Minimum of one OHSAA Class 1 or 2 judge recommended.
 - 9.3) Freshman — OHSAA Class 1, 2 or 3 recommended.

C. SPECIFIC REGULATIONS — Grades 7 & 8

- 1) Coaching and instruction may begin — November 6, 2009.
- 2) First contest — December 7, 2009.
- 3) Coaching and Season end with the State Tournament — March 6, 2010.
- 4) Scrimmages — none permitted.
- 5) Regular season contests — 12 for team and individuals.
- 6) Rules — U.S.A. Gymnastics.
- 7) Officials — Minimum of one OHSAA Class 1 or 2 Girls Gymnastics Official recommended.

Gymnastics	2009-2010	2010-2011	2011-2012	2012-2013	2013-2014	2014-2015
Coaching Begins	11/6	11/5	11/4	11/2	11/1	11/7
Season Begins	12/7	12/6	12/5	12/3	12/2	12/8
Non-Interscholastic Date	1/18	1/17	1/16	1/14	1/13	1/19
District	2/15-2/27	2/14-2/26	2/13-2/25	2/11-2/23	2/10-2/22	2/16-2/28
State	3/5-3/6	3/4-3/5	3/2-3/3	3/1-3/2	2/28-3/1	3/6-3/7
Season Ends	3/6	3/5	3/4	3/2	3/1	3/7
Easter	4/4	4/24	4/8	3/31	4/20	4/5