



JR. OLYMPIC VAULT VALUES FOR LEVEL 9

(Effective August 1, 2009 - July 31, 2013)

GROUP I HANDSPRINGS, YAMASHITAS	GROUP II HANDSPRINGS with or without 1/1 TURN - SALTO FORWARD OR BACKWARD	GROUP III TSUKAHARA or ½ on - SALTO FWD OR BWD with or without TURN	GROUP IV Round - off, Flic-flac on - SALTO FWD OR BWD with or without LA TURN	GROUP V Round - off, Flic-flac with ½ or 1/1 turn on - HNDSPG or SALTO FWD OR BWD with or without LA TURN	
1.101 Handspring 8.6		<i>Note for the J.O. Program:</i> All Group 3 vaults may be performed with a 90° to 180° LA turn in the first flight	4.101 RO,FF on – Repulsion off 7.5	5.101 RO,FF ½ on – Hndspg off 8.9	
1.102 Hndspring- ½ 8.7			4.102 RO,FF on – Repulsion ½ off 7.7		
1.103 Yamashita 8.6					
1.104 Yami - ½ 8.7					
1.105 ¼ - ½ on - 8.7					
¾ - ½ off					
1.106 ¼ - ½ on – 6.8			3.201 Tsukahara Tuck 9.6	4.201 RO,FF on - Back Tuck 9.6	5.201 RO,FF ½ on - 1/1 twist off 9.2
Repulsion off					5.202 RO,FF ½ on - 1½ twist off 9.4
1.201 Hsp - 1/1 9.0					
1.202 Hsp - 1½ 9.4					
1.204 Yami - 1/1 9.0	2.301 Hsp - Front Tuck 10.0	3.302 Tsuk Tuck 1/1 10.0	4.302 RO,FF on - B. Tuck 1/1 10.0	5.307 RO,FF 1/1 on - 1/1 twist off 9.3	
1.205 ¼ - ½ on - 8.9	2.302 Hsp - Front Tuck ½ 10.0	3.303 Tsuk Pike 9.7	4.304 RO,FF on - B. Pike 9.7		
1¼-1/1 off	2.304 Hsp - Front Pike 10.0	3.304 Tsuk layout 10.0	4.305 RO,FF on - B. Layout 10.0		
1.206 ¼ - ½ on - 9.3	2.310 Fr. Hndsp onto board, Hsp. – Fr. Tuck (Ilg) 10.0	3.306 ¼-½ on - ¾-½ off, Fr. Tuck or ¼ on - ¼ off, Fr. Tuck (land facing out) or Tsuk tuck ½	4.307 RO,FF on - ½ off, Fr. Tuck or RO,FF on - B. Tuck ½ 9.9		
1¼ -1½ off	2.311 Fr. Hndsp onto board, Hsp. – Fr. Pike (Garbarino) 10.0		4.312 RO,FF on - 1/1 twist off 9.1		
1.207 1/1 on - H/Y 9.0			4.313 RO,FF on - 1½ twist off 9.3 (Allen)		
1.208 1/1 on - ½ off 9.3					
1.301 Hsp - 2/1 9.9			4.412 RO,FF on - 2/1 twist off 9.8 (Allen)	5.420 RO,FF ½ on - 2/1 twist off 9.9	
1.305 ¼ - ½ on - 9.8					
2¼ - 2/1 off					
1.307 1/1 on - 1/1 9.7		3.509 ¼-½ on - ¾-½ off, Fr. Tuck ½ (Shible) 10.0	4.607 RO, FF on - ½ turn off, Fr. Tuck ½ (Beckman) 10.0		

Change in vault value from the 2005-09 cycle indicated by bold font